

Pray With Fervor and Power

To pray more effectively, we must think of our prayer as a loving conversation with God. For an analogy, we should think of the time we spend in prayer, in the same way we understand, why we are reluctant sometimes, or delighted, at other times, to carry on our telephone conversations with people.

We don't see the people we are talking to on the telephone, but what we think of them, and feel about the ones we talk to on the telephone is shown by how much time we are willing to spend talking to them. Those, like telemarketers or bill collectors; if we cannot avoid talking to them, we will keep the conversation as short as possible, and hang up the telephone, as soon as we can.

On the other hand, those who we love, family members and our dearest friends, we can't spend too much time on the telephone with them. We thoroughly enjoy talking to them, hearing from them, and having the opportunity to understand them better, in order to draw closer to them, in our loving relationship.

When we make our telephone calls to God; **when we pray**, are we anxious to hang up as soon as possible, or are we happy to have the opportunity to **spend time with the God we love?**

How much, and how often, we feel the need, and the desire, to pray to our God, can also help us to know how much we love God. To improve our love relationship with God, and the prayer life which goes along with that relationship, we must first concentrate on living in the love of Jesus Christ, by striving to keep his commandment "*to love one another, as he has loved us*". (John 15:12).

We also must work at meditating (thinking about) on the goodness of God, and his love for us; especially, as that love has been revealed to us by Jesus Christ. One of the most effective ways to accomplish this, is by praying the Holy Rosary every day, to systematically meditate on (think about) the most important ways in which God, in Jesus Christ, invites us, and helps us to enjoy the most perfect love relationship possible for us as humans.

We will, on the website www.hopeforeveryone.com we are building, help you to think about God more often; by enjoying some of the wonderful and different meditations possible with the Holy Rosary.

To experience rapid improvement in our rosary meditations, we must be prepared to fully participate in the liturgy of the Holy Mass and, as much as possible, the complete Liturgy of the Hours

(including the Office of Readings).

The liturgy of the Catholic Church, which includes and helps us to think about the important saving actions of God throughout the year are meditated on once, twice, and even

three times every week at some time during the year ; by those who are praying the Holy Rosary every day, and experiencing growth in their understanding, and love relationship with God.

Every mystery of the Holy Rosary is celebrated at Holy Mass during the year, by the Holy Roman Catholic Church everywhere.

The Joyful Mysteries: The events leading (Advent) up to the birth of Jesus Christ(Christmas), his birth, and some important events of his early life, before his public ministry are the subjects of our meditation.

The Luminous Mysteries: Important events(Baptism of Jesus Christ, Transfiguration, Last Supper-Eucharist) which showed the wisdom, power and love of God in Jesus Christ, to help his disciples to believe in him as the Messiah, the Christ, are thought about.

The Sorrowful Mysteries: The passion and death(Good Friday) of Jesus Christ, showing us God's way of overcoming all evil, including death. The way of the cross, the way of selfless, merciful love which we are called to follow on our journey of faith. No matter how difficult it is for us, we are called, as followers of Christ, to be merciful and forgiving peacemakers during our life on this Earth (this valley of tears). The faithful follower of Jesus Christ must never forget the powerful way of the cross to overcome all evil.

The Glorious Mysteries: The great victory of love won for us by Jesus Christ, overcoming of all evil; for those who, in his way, take up their crosses daily to make the world a better and more peaceful place, for all people to live in. The bodily resurrection overcoming of all evil, even death (Easter); the opening of heaven by Jesus Christ for human habitation(Ascension); the gift of the Holy Spirit(Pentecost), to help faithful followers of Jesus Christ, in the Body of Christ(The Holy Roman Catholic Church) to share their faith with other people, everywhere in the world. Continually thinking about, realizing, and deepening our understanding and belief in the undeniable victory gained by the way Jesus carried the cross helps us to persevere as faithful followers of Jesus Christ when life is most difficult for us

The more we are caught up in mind and heart in Rosary meditations, and in our worship, the more often we will find ourselves turning to God at other times in our lives; to thank him, when we enjoy the good things of life; and to ask for his help and direction, during other times.

As our prayer life improves, and our love for God becomes more fervent, it becomes more apparent to us that we are made for much better than any good thing this world has to offer. Then we are more inclined to pray often on the telephones in our hearts, to our family(God-Father, Son-Jesus Christ, and the Holy Spirit) in our heavenly home.

The whole world becomes a book of scripture for us. We are able to see God's genius, goodness and love in all of his creation, and most of all in humans, who we realize have the potential to live great Christian lives, inspired by the Holy Spirit. The love of God and the joy, peace, and freedom fueled by our prayer life which we are enjoying; we will feel compelled to share with everyone.

A sign for us that we are growing in our love relationship with God, will be our desire to

have more crucifixes, holy pictures, relics of saints, rosary beads, etc. in our homes, cars and places of business to remind us always of the God, and the heavenly treasure (love, truth, justice, faith, hope) which are most necessary for the good Christian life.

If we will try to make happen, in our own lives, what we are praying for in **The Lord's Prayer**, all of our other prayers will be more powerful. To meditate often on **The Lord's Prayer**, and how we can improve on the way we are keeping it, is a way to improve our relationship with God, and to make real progress in our spiritual life.

Not to be neglected by us, are **acts of spiritual and corporal works of mercy**, which will give us the best possible relationship with our God of love, and always improve our prayer life.