

# Pray With Us

## Prayer to Our Mother of Perpetual Help

Mother of Perpetual Help, you have been blessed and favored by God. You became not only the Mother of the Redeemer, but the Mother of the redeemed as well. I come to you today as your loving child. Watch over me and take care of me. As you held the child Jesus in your loving arms, so take me in your arms. Be a Mother ready at every moment to help me. For God who is mighty has done great things for you, and God's mercy is from age to age on those who love God. Intercede for me, dear Mother, in obtaining pardon for my sins, love for Jesus, final perseverance, and the grace always to call upon you, Mother of Perpetual Help.

“Mother of Perpetual Help” is an excellent intercessory prayer which I highly recommend to you. Many people that I know of have been helped by turning to Our Mother of Perpetual Help. Also, I recommend highly to you that you ask St. Rita of Cassia (saint of the impossible) to pray for you. Pray the rosary every day.

The Catholic Church is the Body of Christ, and Jesus is the living head of the body; and that body in some, or all of its members is being reviled and crucified in some place, at every moment in this world.

One picture is worth a thousand words. A statue or crucifix is a three dimensional image which allows it to present an even more powerful witness to an event or to a person. The crucified Christ reveals to us more than anything God ever did in this world the great constant, unrelenting and undefeatable love that God has for us.

The Eucharist, which is the perpetuation of the Last Supper, is the way in which Jesus helps us, to remember, and to participate in the generosity and power of God's never-ending love for us, which is shown most of all in the passion, death and resurrection of Jesus Christ.

If you are unable to go to confession in prison before you receive Holy Communion, then make an act of contrition; promise God that you will go to confession the first opportunity you have to do so; and receive Holy Communion.

In prison, you are called to lead the chaste, celibate life of a single person, like a priest or a professed religious. It is impossible for you to live your sexual life as a married person while in prison. So nothing with regard to your married life, whether common-law or sacramental, should keep you from receiving Holy Communion while in prison.

Wherever the Holy Mass is celebrated, we should have the crucifix visible to the priest, and to all of those participating in the Holy Mass. In our Catholic churches, we have very large crucifixes on the walls, hanging over the main altar in some places, and always on the processional crosses which we use to lead processions into the church to the altar, and to the front door of the church during the recessional at Sunday Masses. Also, in some churches, the processional cross will be used to lead the offertory procession to the altar with the gifts (bread, wine and collection)

from the people.

In all of the sacraments of the Church, the great sign of the crucified Christ(the crucifix) is before us in the church so that we, as commanded by Christ to “do this in memory of me” never forget that the grace of the Eucharist, and every other sacrament, is to strengthen us and to help us, with grace, to find life in the love of God by putting our selfishness to death, and rising with Christ in selfless, perfect and undefeatable love.

In this love, which the crucifix helps us to remember, we enter into the life of Jesus Christ, our God. Even in this life, this way of selfless love opens the mind and heart of any person who lives it, to enjoyment of the confident trust in God, and the peace and joy of Christ which nothing in the world can give, and nothing in the world can deprive a person of.

In my small apartment, I have crucifixes on many walls. When life is most difficult, I look at a crucifix, and I am filled with hope, and inspired to continue to live in the love of Christ. No good work, regardless of how difficult it may seem to be, is impossible. We may seem to fail in the eyes of this world, as the crucified Christ continues to be viewed as a failure, by those who lack the understanding of the faithful. But we know, and Satan(who realizes defeat by simply looking at a crucifix), that all the evil in our lives will ultimately be defeated; if we follow the foolish way of the suffering and merciful Christ.

The basic calling of every Christian, and certainly the calling of every member of the Catholic Church, is to “take up the cross daily”; to follow Jesus, in the way that Jesus overcomes all evil in this world. **We are not called to be loved by others.** Not everyone ever loved Jesus. **We are called to love others whether they love us or not, and even if they hate us. This is what Jesus did,** and if we follow him, we must do everything his way, as much as we can.